

## FREE TO ALL NCSD EMPLOYEES!!

**GPA & NCSD SCHOOL YEAR SCHEDULE!** 

Our schedule will be as follows:

**Monday** – **4:30pm** 

Tuesday – 4:30pm & 5:30pm

Wednesday – 4:30pm

Thursday - 4:30pm & 5:30pm

**Friday – 4:30pm** 

Saturday - 9:30am

All sessions will be hosted at GPA Fitness

Come learn to live a healthy, fit, and happy life with us! Please Call & RSVP! (Limit 10 Per Session)

Contact Jarrett, Gaja, Ian, or Lee 904-491-1111

info@gpafitness.com

474321 East State Rd. 200 Fernandina Beach, FL

**FREE**